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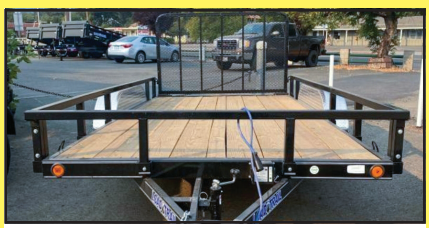
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TABLE OF CONTENTS

6 California Outdoors Q&A
10 Summer Travel Safety Tips
13 Make Family Reunions Meaningful
15 Fresh Summer Salsa
16 Plasma Donations Save Lives: You Can Help
18 Save Money by Planting Flower Seeds Directly in the Garden
20 How to Raise Kind and Caring Children
22 Everything You Need to Know About Funding College With Student Loans
24 Calendar of Events
27 Sudoku
31 Home Country
31 Crossword

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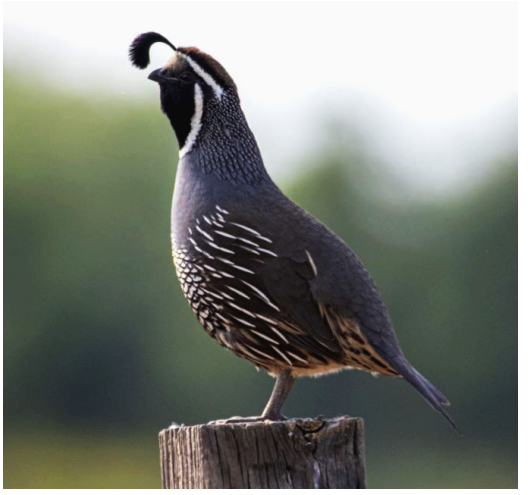
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Can I Keep And Raise Quail As Domesticated Game Birds?



California quail *CDFW*

Domesticated Game Birds

Q: Can I keep and raise quail as domesticated game birds? Can I sell their eggs?

A: California is home to three native species of quail: mountain, California and Gambel's quail. In order to keep these species and others as domesticated game birds, a Domestic Game Breeder's license is generally required, per Fish and Game Code, section 3200.

A Domesticated Game Breeder's License is required for any person engaged in raising or importing, or who keeps in captivity, domesticated game birds which normally exist in the wild in this state, if the birds or mammals are kept more than 30 days after you acquire them. Additionally, you would need to obtain birds from another game breeder; you cannot trap wild quail for the purpose of starting your brood. The game breeder's license requires you to report the live birds in your possession each year. Visit the California Department of Fish and Wildlife (CDFW) Game Breeder webpage for a link to the application and info on laws, regulations, requirements and a species list.

If you are interested in Coturnix quail, also called Japanese quail, please be aware that this species does not exist in the wild in California. Therefore, CDFW does not manage the species as a game bird and it is not listed under the Domesticated Game Breeder's License. Additionally, please review local municipal codes and laws, and zoning regulations, regarding keeping and raising any domestic fowl, including quail.

If you want to sell eggs, please review requirements by other agencies such as U.S. Fish and Wildlife Service, California Department of Food and Agriculture and/or the U.S. Department of Agriculture.

Pet Bass?

Q: Can I keep a largemouth bass as a pet in California?

A: No, it is not legal to possess a largemouth bass as a pet. Fish and Game Code, section 2118(e), prohibits possession of several types of fish in California, including largemouth bass. With certain exceptions, including some exceptions related to bass tournaments, movement of live fish taken from the wild is prohibited by the California Code of Regulations Title 14, section 1.63, which states that except as provided in sections 4.00 through 4.30 and 230, live fin fish may not be transported alive from the water where taken.

Multi-Day Fishing Permits

Q: I'm going out fishing overnight and

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California Outdoors Q&A

← CONTINUED FROM PAGE 6

heard that I can get a multi-day permit that allows me to keep more than one bag limit of fish. How does that work?

A: If you're planning to be offshore fishing for more than one calendar day, it is possible to obtain a multi-day fishing permit. Requirements are spelled out in section 27.15 of the 2022-23 Ocean Sport Fishing Regulations. The "Declaration for Multi-Day Fishing Trip" application form is only allowed for fishing trips that are continuous and extend for a period of 12 hours or more on both the first and last days of the trip. Also, no berthing or docking is permitted within five miles of the mainland shore during the trip. The form must be completed by the vessel's owner or operator and submitted with payment of $7.21 to CDFW (see contact info below). The form must be received at least 48 hours prior to the date of the vessel's departure. There is currently no option for submitting the form via email.

Depending on the length of the trip, the permit authorizes up to three daily bag and possession limits of saltwater fin fish, lobster and rock scallop for each licensed person fishing in ocean waters. No person may take more than one daily bag limit of fish per calendar day and the provisions of the permit do not apply to salmon, steelhead, striped bass or sturgeon take and possession limits. There's also a requirement that passengers must all disembark at the location stated on the multi-day permit. Additionally, the permit must be posted in view for all passengers onboard the boat.

More information on the process, requirements and links to download forms can be found on CDFW's website. Application forms can be faxed with a credit card payment authorization to (562) 596-0342 or mailed to CDFW's Marine Region at 4665 Lampson Ave., Suite C, Los Alamitos, CA 90720. ✦

If you have a question you would like to see answered in the California Outdoors Q and A column, email it to CalOutdoors@wildlife.ca.gov.



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Personal safety products can offer peace of mind on summer vacation. *Statepoint.net*

Summer Travel Safety Tips

(STATEPOINT) While everyone looks forward to summer road trips, travel can come with unexpected safety emergencies.

David Nance, founder of SABRE Personal Safety Academy and CEO of SABRE, the number one personal safety brand of consumers and law enforcement worldwide, provides travel protection tips for different scenarios.

Driving

The National Safety Council says traffic death rates are three times greater at night.

"If you can't avoid night driving, have at least one passenger stay awake to talk to the driver," says Nance.

You can also make car travel safer with the SABRE Safe Escape 3-In-1 Pepper Gel With Seat Belt Cutter and Window Breaker with Snap Clip. The built-in belt cutter helps free yourself in an emergency, while the steel window breaker could come in handy if vehicle doors are jammed or electric windows fail to operate. Another good choice for driving is the 2-in-1 Flashlight With Pepper Spray, SABRE PepperLight. Ideal for helping navigate auto issues such as changing a tire at night, its ultra-bright flashlight shines up to 540 feet, and its strobe flashlight setting can ward off and disorient potential threats. It also contains 25 bursts of pepper spray for protection against multiple threats.

Around Town

"Looking at your smartphone can distract you from noticing potential threats," says Nance. "Stay engaged while exploring a new destination."

At the same time, you can also use tech to your advantage to store emergency contacts and access safety apps. Using geo-tracking technology through the free SABRE Personal Safety App, SABRE's SMART Pepper Spray connects with a smartphone and sends help alerts to assigned emergency contacts. They'll

be immediately notified of your location if the SMART Pepper Spray is deployed or the in-app alert button is pressed. It can also alert first responders with a subscription.

For a smaller pepper spray option that is about the size of a lipstick and can be easily carried for on-the-go safety, try Mighty Discreet. Its twist top prevents accidental discharge and the snap clip provides immediate accessibility.

Going out for the night? Keep an eye on your beverage and don't accept drinks from strangers. Be sure to watch out for your travel companions too. If they've had more than their limit, don't let them leave alone or with strangers.

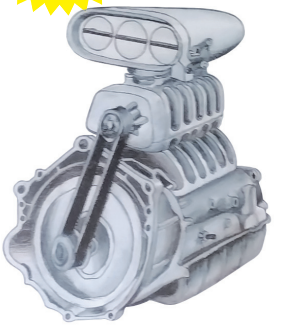
At the Hotel

Don't take chances. Lock the doors at your hotel and secure important belongings in the safe. For extra protection, you can take home security on the road with the SABRE Door Stop Alarm, a portable, wireless alarm that doesn't require installation and can be heard up to 1,000 feet away, alerting neighbors and helping frighten intruders. Its wedge shape blocks inward opening doors.

"Having personal safety products is part of the equation. Knowing how to use them safely is just as important," says Nance. "You'll want to create a clear safety plan. If you'll be carrying pepper spray, consider practicing first. Practice water canisters are available and a good idea for first-time users."

Products from SABRE are available nationwide at Walmart, Target, Amazon, Dick's Sporting Goods, Lowe's, Menards, Academy, and Bass Pro Shops, among other national retailers. While it's legal to carry these safety products in all 50 states, check local laws where you'll be traveling. For more information and safety tips, visit www.sabrered.com.

With smart safety strategies and tools, you can make summer travel just what it should be – a time to explore, relax and have fun. ✦

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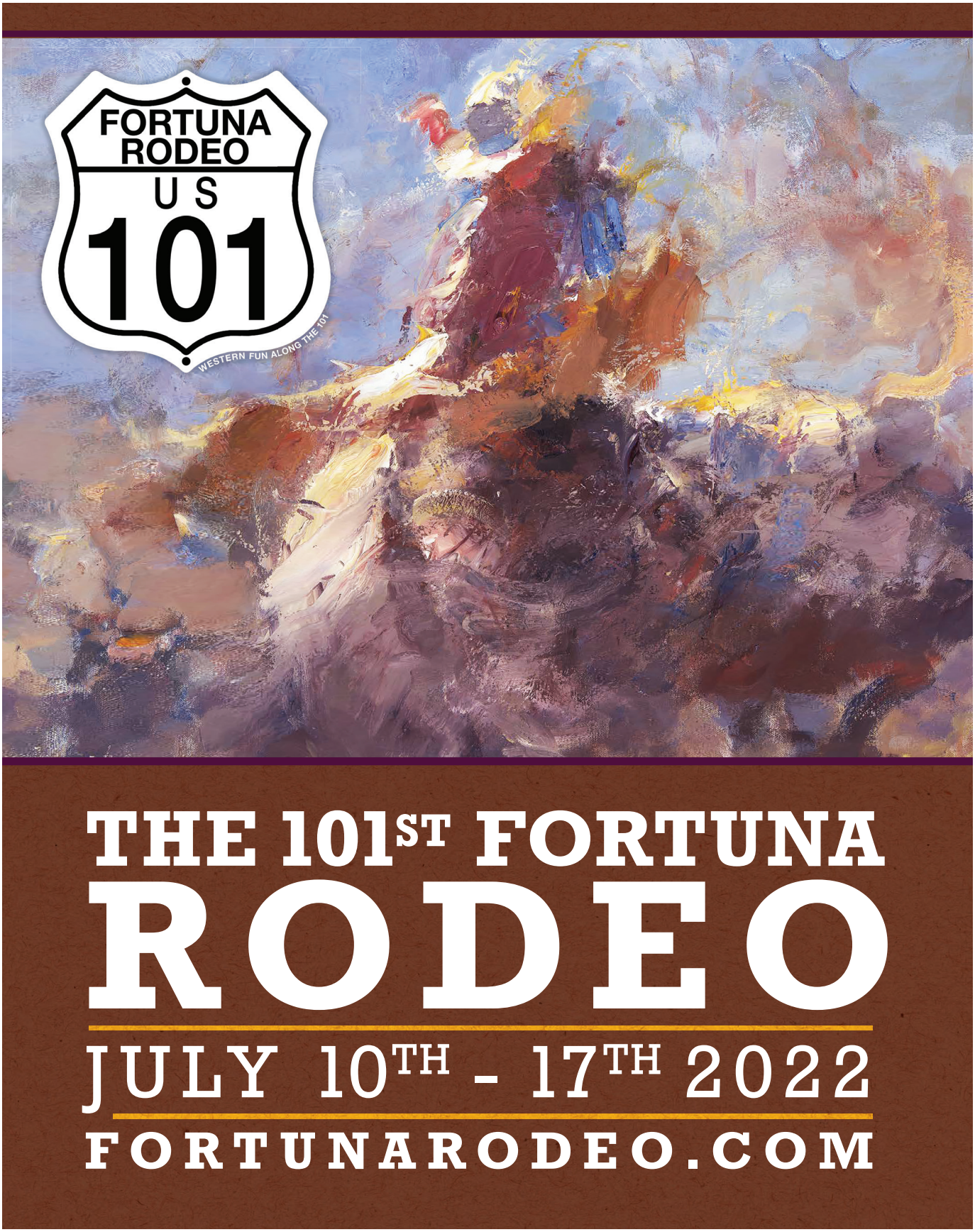

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Make Family Reunions Meaningful

(FAMILY FEATURES) During the coming months, families are likely to spend more time together. Reunions that have been postponed during the pandemic will finally take place, and once those long-awaited hugs have been exchanged, everyone can settle in for some overdue catching up.

However, the time many families spent apart over the past couple of years means important conversations may have been put on hold. A family reunion is a perfect opportunity to share stories, reminisce and discover what matters most to the people who matter most to you.

Sitting down with loved ones to talk about their lives can be richly satisfying. Learning about memorable events, favorite activities and valuable lessons they have learned can help bring you closer to loved ones and get to know them in a different way. It can also help you create a meaningful tribute to a loved one when the time comes.

Finding a way to start talking with a loved one may be the most difficult part, but once the conversation starts, it may be hard to stop. Consider these tips from RememberingALife.com, an online resource from the experts at the National Funeral Directors Association (NFDA) to get the conversation started.

Start by sharing mutual stories. If you've taken a vacation together or shared a cherished experience, discuss that first to get the conversation going. If your family member is hesitant, share your own stories first so he or she feels more comfortable.

Ask questions. One of the easiest ways to start and maintain a conversation is by asking questions. If you're not sure what to ask, try inquiring about your loved one's proudest achievement, the

CONTINUED ON NEXT PAGE →

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Please go to **www.changingtidesfs.org** for complete job descriptions and application requirements. Positions open until filled. Submit complete application packets to Nanda Prato at Changing Tides Family Services, 2259 Myrtle Ave., Eureka, CA 95501 or via email to **nprato@changingtidesfs.org**.

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Family Reunions

← CONTINUED FROM PREVIOUS PAGE

best advice received, a favorite memory or greatest inspiration. A visual prompt like a photo album, souvenir or memento can also be a conversation starter. If you're comfortable with the idea, also ask how he or she would like to be remembered when gone.

Take notes. Either during or after your conversation, make note of the important memories shared. If it won't make your loved one uncomfortable, make an audio recording of your discussion so you can listen again later. These notes and recordings may become treasured heirlooms for future generations.

Treat your talk as a beginning. Use it as a springboard for more conversations, during which you can openly talk about any number of things, from reflecting on the past to planning for the future. Designed to be a fun and easy way to help get the discussion started, NFDA created "Have the Talk of a Lifetime" conversation cards featuring thought-provoking questions. The things you discuss may be helpful when your family must make important decisions about how you wish to remember and honor your loved one after he or she dies.

When the time comes, make it meaningful. These shared conversations may help your family plan a meaningful funeral or life tribute event for your loved one that honors his or her life while giving you, your family and other friends a chance to reminisce and say goodbye. When the time comes, memorialization can be an important step in the journey toward healing.

When you're preserving your family's legacy, resources such as RememberingALife.com can provide helpful information about memorialization and other end-of-life matters.

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NORTH COAST TRADER



Culinary.net

Fresh Summer Salsa

(CULINARY.NET) It's time to kick off summer with a bang. With exciting summer events like baseball, sunbathing and barbecues filling social calendars, comes a whole new array of fresh, sunny day snacks just waiting to be devoured.

If you're in the mood for something sweet with a hint of spice, try this Citrus, Mango and Pineapple Salsa. It features fresh, fruity flavors from the pineapple, mango, lemon and lime plus a surprising bite of jalapeno. It's the perfect balance of sweet and zesty.

This light, warm weather appetizer is perfect for pool parties or dining al fresco. A fresh twist on traditional salsa, this recipe will have people lining up for a second scoop to help beat the heat.

Enjoy it with tortilla chips or as a topping on your favorite tacos to add a little sweetness to a traditionally savory meal.

For more fresh summertime recipes, visit Culinary.net.

Citrus, Mango and Pineapple Salsa

Recipe adapted from becomingness.com

1 ¼	cup fresh pineapple, diced
1 ¼	cup fresh mango, diced
2	tomatoes
½	red onion, diced
1	jalapeno, finely chopped
1	tablespoon coriander
2	tablespoons lime juice
1	tablespoon lemon juice
	sea salt, to taste
	fresh cracked pepper, to taste
	tortilla chips, for serving

In large bowl, combine pineapple, mango, tomato, onion, jalapeno, coriander, lime juice, lemon juice and salt and pepper, to taste. With rubber spatula, mix all ingredients together.

Taste and season with additional salt and pepper, if desired.

Serve with tortilla chips. ✦

Northcoast Children's Services

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Northcoast Children's Services provides early education and family support services to children and families from pregnancy to age 5. We offer home visiting services, infant toddler and preschool centers in a variety of locations in Humboldt and Del Norte counties.

We have a variety of full and part time positions working with children and families. We offer paid vacation, sick leave and holidays to all employees and an additional health insurance/ cash benefit/dependent care option to full time employees. All employees may also obtain assistance with education and child development permits.

We are currently looking for people to join our team as housekeepers, cooks, teachers, assistant teachers, center directors and home visitors.

**New Hire Incentives are currently available to both full and part time employees. Full time employees who work 30 or more hours will receive an incentive of $750. Part time employees, who work less than 30 hours will receive a $500 incentive. Incentives are paid after 90 days of employment.

Positions include vacation, holiday and sick leave benefits.

Full-time staff (30 hrs. per week or more) are eligible to participate in a Flexible Benefit Plan after 2 months of full-time employment.

Please visit our website or Facebook page for more information on how to join our growing team! **https://ncsheadstart.org/employment-opportunities/**

Northcoast Children's Services

ACCOUNTING FISCAL SPECIALIST, Main Office (Arcata)

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HOUSEKEEPER, Eureka

Perform duties required to keep site clean, sanitized & orderly. Must have experience & knowledge of basic tools & methods utilized in custodial work and have the ability to learn and follow health & safety requirements. P/T 16 hrs./wk. $15.00/hr. **Open Until Filled.**

Please note: Per grant requirements, All NCS staff are required to submit proof of a complete COVID -19 vaccination, except those who are granted an exemption. All staff who are eligible for an exemption must undergo weekly testing for SARS-CoV-2 infection. All staff must wear face coverings regardless of vaccination status. Please contact Administrative Services if you need information regarding vaccinations or exemptions.

Submit applications to:
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Statepoint.net

Plasma Donations Save Lives: You Can Help

(STATEPOINT) Human plasma donations are used to produce life-saving medicines for people affected by serious and rare diseases around the world. Experts say that right now there is a critical need for plasma donations.

"Plasma donors do the amazing. They make a direct impact on the lives of patients affected by rare and serious diseases. We strongly encourage those who meet the requirements, and are otherwise eligible, to donate plasma," says Dr. Jennifer Hanes, who as a division medical director of CSL Plasma, is responsible for the medical oversight of U.S. plasma donation centers.

Dr. Hanes is sharing five important things to know about plasma donation:

1. What is plasma?

Plasma is a straw-colored liquid that carries red blood cells, white blood cells and platelets, helping to maintain a steady level of blood pressure, supporting the immune system and delivering critical nutrients to cells.

2. What is plasma used for?

Plasma is used to treat rare and serious conditions, often by replacing crucial proteins a patient lacks. These conditions include primary immunodeficiencies, hereditary angioedema, inherited respiratory disease, hemophilia and other bleeding or neurological disorders. Every year, it takes more than 1,200 plasma donations to treat one person living with hemophilia, more than 900 plasma donations to treat one person living with Alpha-1 Antitrypsin Deficiency (Alpha-1) and more than 130 plasma donations to treat one person living with a primary immune deficiency. Additionally, albumin, a protein contained in our plasma, is used in hospitals and urgent and emergency care

settings to treat trauma, shock, burns and other emergencies that could happen to anyone.

3. Who can donate plasma?

To donate at a CSL Plasma center, you must be in good health, be between the ages of 18-74, weigh at least 110 pounds, have had no tattoos or piercings within the last four months, meet health and screening requirements and have valid identification with a permanent address.

4. What is the donation process like?

While a first-time plasma donation takes approximately two hours, and up to three hours at times, the second donation is typically shorter. CSL Plasma donors will be rewarded for helping to create life-saving medicines and will receive a payment in connection with the donation process. It's recommended that donors drink four to six 8-ounce glasses of water, fruit juice or other caffeine-free liquid at least two to three hours before donation, avoid caffeinated beverages, avoid alcohol of any type for 24 hours beforehand, eat a meal prior to donation and get adequate sleep.

5. Where can I donate?

CSL Plasma has more than 300 plasma donation centers across the United States. Visit cslplasma.com for more information and to find a nearby CSL Plasma center. The CSL Plasma donor app is also available for Apple and Android devices.

"People depend on plasma donors to live happy and healthy lives, so it's important to consider donating if you are able," says Dr. Hanes. ✦

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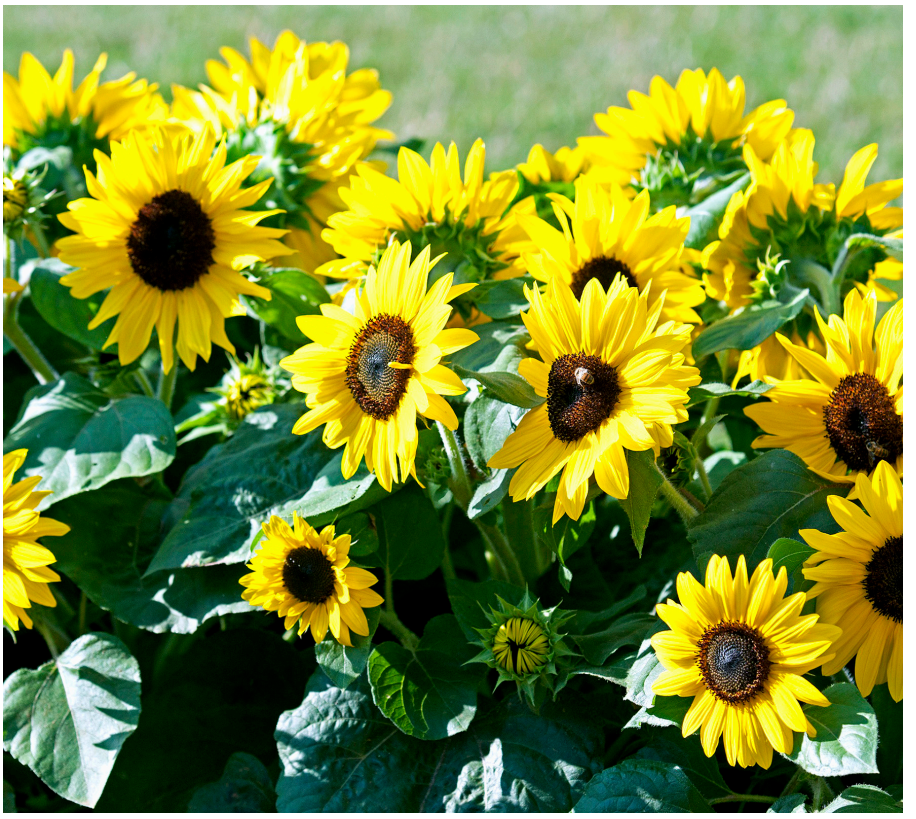


Photo courtesy MelindaMyers.com

Save Money by Planting Flower Seeds Directly in the Garden

by Melinda Myers

DON'T WORRY if you have already spent most of your plant budget for the year. Fill voids in your gardens and containers with heat tolerant annuals planted from seeds directly in the garden.

Zinnia and marigolds are traditional favorites often started from seeds planted directly in the garden. These germinate quickly and begin flowering in about eight weeks.

Zinnias are heat and drought tolerant once established. The Profusion series are compact, disease resistant, and produce flowers early and all season long. The Zahara series of zinnias are also heat and drought tolerant and resistant to leaf spot and mildew. Zinnias have excellent pollinator appeal and make great cut flowers.

Moss rose's drought tolerance makes it an excellent choice for sandy, gravelly, and rocky areas. The fine seeds make it a bit more challenging to plant. Try mixing the seeds with sand to help distribute the seeds more evenly. Look for varieties like Afternoon Delight and the Happy Hour and Sundial series with flowers that open earlier or stay open later in the day, extending your enjoyment.

Cleome is a big annual that can easily fill the space between those small, newly

planted shrubs. It prefers full sun and moist well-drained soil but will tolerate dry conditions. Thin seeds so the final spacing of plants is between 1 to 3 feet. The more space, the fuller and bushier the plant. These plants reseed readily so watch for volunteer plants in next year's garden.

Sunflowers are commonly started from seeds in the garden. You will find single and double flowered varieties ranging in height from 18 inches to 12 feet or more. Stagger your planting to extend the bloom time. Plant seeds every two weeks, so you have lots of fresh flowers to enjoy. Just check the seed packet for the number of days from planting until flowering. Make sure your last planting has time to reach maturity and bloom before the end of your growing season.

Mexican sunflower is not as well known as the common sunflower but is just as welcome in the garden. The bright orange flowers combine nicely with yellow, blue, and purple flowers and attract butterflies and other pollinators to the garden. Grow these in a sunny area with well-drained soil. Avoid windy locations that may cause the brittle stems to break. Give this big plant plenty of room to reach its mature size. Mexican sunflower grows four to six feet tall and two to three feet wide. Fiesta del Sol and Goldfinger are shorter varieties that are a better fit for smaller spaces.

Check the seed packet for more details on planting seeds of these and other flowers directly in the garden. With proper planting and care you will have lots of flowers to enjoy this season. ✦

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her website is www.MelindaMyers.com.

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Familyfeatures.com

How to Raise Kind and Caring Children

(FAMILY FEATURES) At some point, many parents will likely find themselves encouraging their children to "be kind" or "be friendly." While they lead with the best of intentions, nearly all parents will worry about whether their child is kind to others when adults are not around.

"We often encourage children to be friends with everyone, but that's unrealistic," said Carter Peters from KinderCare's Inclusion Services team. "We don't have to be friends with everyone, but we do need to be friendly with everyone. When children learn to respect everyone, even those they don't like, they help create a kinder, more welcoming community."

While children are generally kind, it's possible they might internalize societal messages that equate kindness with weakness. With a little help, children can develop a sense of empathy, which can help them have positive interactions with others whether they're on the playground, in the classroom or at home.

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Consider these three ways parents can encourage empathy:

1. Try a new twist on "what did you do today?" Find a consistent time during the day – at pick up, during dinner or before bedtime – to ask your child, "How did you help someone today?" or "How were you kind to someone today?" Be sure to offer your own examples from your day, too. This helps your child understand the connection between his or her actions and kindness to others. It also opens the conversation for you and your child to discuss missed opportunities to show kindness, how you could both do better next time and how you and your child could show kindness in the future.

2. Intentionally call out acts of kindness. Go beyond a simple "thank you" and be specific about why the action was kind: "That was so kind of you to clear the table after dinner. Your help made cleanup go faster. I appreciate that." Don't forget to use this same technique with other family members, too. Ask your child what compliments he or she likes to hear and encourage him or her to do the same for others. This teaches empathy and encourages children to treat others the way they want to be treated.

3. Build a toolbox of responses for tough situations. First, help your child build emotional literacy skills by helping him or her learn to identify and name feelings. Then work together to identify appropriate expressions of those feelings.

"Children need to learn they can express big emotions, like frustration or anger, without taking those feelings out on others," Peters said.

Some healthy ways to react to emotional moments could be to find a quiet place to calm down, talk with a trusted adult like a teacher, squeeze fists or name the feeling: "I'm so angry right now."

The ability to think and react rationally diminishes when angry, so practicing potential responses while in a calm, low-stress state is essential to helping children learn to apply those responses when they're upset. Having this toolbox of responses to rely on also gives children the autonomy of deciding how best to respond to an emotionally difficult situation, which can lead to a sense of empowerment when they realize they chose to act kindly despite their emotions.

For more tips about raising kind and caring children, visit kindercare.com.

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Everything You Need to Know About Funding College With Student Loans

(STATEPOINT) While the majority of parents today strongly value higher education, that doesn't always alleviate their sticker shock when it comes to college-related costs.

A new College Ave survey finds that 91 percent of parents believe a college degree is important for their child's future. At the same time, 74 percent of parents found the cost of college surprisingly high. From having their children kick in — 46 percent of parents strongly believe their children should financially contribute to their education — to borrowing — 16 percent currently or plan to take out private student loans — many families explore a range of avenues for funding college.

"If you'll be using private student loans to fund college, it's important to create a budget and do your research," says Angela Colatriano, chief marketing officer at College Ave Student Loans. "Having a plan can help you avoid surprises down the line and reduce the overall cost of your loan."

Here's what to know:

First Things First

Before even considering private student loans, Colatriano notes that it's es-

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sential to apply for scholarships and to fill out the Free Application for Federal Student Aid at FAFSA.gov to determine your child's eligibility for certain scholarships, grants, work-study, and federal student loans. You should also explore cost-saving housing options and ways to spend less on school supplies, such as buying used textbooks.

Shopping Around

If federal student loans don't cover your remaining costs, shop around to find the right private student loan, advises Colatriano. Here are four factors to consider when comparing loan options:

1. Competitive rates: Securing a lower interest rate can help you land lower monthly payments and pay less interest over the life of your loan. To get a sense of the overall cost of the loan and your monthly loan payments, use the student loan calculator at CollegeAve.com.

2. Flexible loan terms: Find a student loan with a variety of repayment options. Some lenders, like College Ave, let you choose how long you want to repay your loan, and whether to start making payments right away or defer until after graduation. The important thing is to select a loan with terms that fit your budget.

3. Fees: Private student loans don't typically have origination fees, but you should still take time to check. You should also make sure your loans don't have any prepayment penalties.

4. Positive company reviews: Only work with a reputable, honest company. Check the Better Business Bureau for accreditation and read reviews to learn about customer experiences and see each company's customer ratings.

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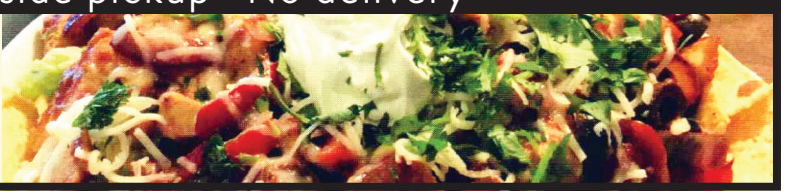
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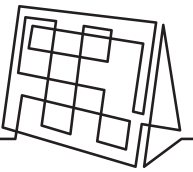
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LOBA Poetry Series - Open Mic. Last Thursday of every month. Virtual World, Internet, Online. A live virtual open mic poetry reading on Zoom on the last Thursday of each month. Open to both teens and adults. Share poems in any form or style, or just listen. Registration is required. Contact Melissa at the Ukiah Library for the Zoom link: carrm@mendocinocounty.org. Free.

On the Same Page Book Club. Wednesdays, 5:30 p.m. Virtual World, Internet, Online. Online book club that meets on the first Wednesday of the month on Zoom. Sign up using the Google form at www.forms.gle/bAsjdQ7hKGqEgJKj7.

LIFESTYLE & COMMUNITY

English Express: An English Language Class for Adults. Tuesdays. Build English language confidence in ongoing online and in-person classes. All levels and first languages welcome. Join anytime. Pre-registration not required. Free. englishexpressempowered.com. (707) 443- 5021.

Sistahood. Saturdays, 9:30-11 a.m. Virtual World, Internet, Online. For women teenagers and older on Zoom, to build healthy relationships and strengthen ties through validation and affirmation. Music from 9:30 a.m., open conversation from 9:45 a.m., meditation with the Sista Prayer Warriors from 10:45 a.m.

Ujima Parent Peer Support. Thursdays, 6:30-7:30 p.m. Virtual World, Internet, Online. For BIPOC families. See the HC Black Music and Arts Association Facebook page for more information. hcblackmusicnarts@gmail.com.

Volunteer Orientation Food for People. Mondays, 3:30-4:30 p.m. and Thursdays, 3-4 p.m. Help fight hunger and improve nutrition in the community. Visit the website to be invited to a Zoom orientation. Free. volunteer@foodforpeople.org. www.foodforpeople.org/volunteering. (707) 445-3166 ext. 310.

Curry County

ARTS & CULTURE

Art at the Port, Summer Boardwalk Exhibition. Port of Brookings Harbor Boardwalk, 16330 Lower Harbor Road. Showcasing coast artists of all ages. More infor at artattheport.com.

LIFESTYLE & COMMUNITY

Brookings Bodacious Bazaar. Second Saturday of every month, 10 a.m.-5 p.m. Port of Brookings Harbor Boardwalk, 16330 Lower Harbor Road. Vendors, beer garden, live music.

Brookings Harbor "Sky High 4th of July". Sat., July 2, 11 a.m.-8 p.m., Sun., July 3, 11 a.m.-8 p.m. and Mon., July 4, 1 p.m. Port of Brookings Harbor Boardwalk, 16330 Lower Harbor Road. Vendors, live music, beer garden, kids activities. Fireworks TBA.

Brookings-Harbor Farmers Market. Wednesdays, 10 a.m.-3 p.m. and Saturdays, 10 a.m.-3 p.m. Brookings-Harbor Farmers Market, 15786 U.S. Highway 101, South Brookings. Produce, artisan foods, baked goods, grass-fed beef, crafts and more. Look for the big white tents. Open year-round, rain or shine.

Knights of Columbus Breakfast. Second Sunday of every month, 8-10:30 a.m. Star of the Sea Catholic Church, 820 Old County Road, Brookings. Every second Sunday of the month. $8.

OHA Vaccine Clinic. Tuesdays, 11 a.m.-4 p.m. and Wednesdays, 11 a.m.-4 p.m. Curry County Public Library, 94341 Third St., Gold Beach. This COVID-19 vaccine event is held by the Oregon Health Authority. Vaccines offered: Pfizer, Johnson & Johnson, Pfizer age 5 to 11 and Moderna. No appointment needed, walk-ins welcome. For more info, go to www.currypubliclibrary.org/event/oha-community-vaccine-event.

Puzzle Exchange. First Tuesday of every month, 11 a.m.-noon. Gold Beach Community Center, 29841 Airport Way. First Tuesday of every month.

Del Norte County

ARTS & CULTURE

Art From the Inside. Thursdays. Del Norte Superior Court, 450 H St. #209, Crescent City. Seventh annual exhibition of work by artists inside Pelican Bay State Prison, as part of the Arts in Corrections Program. Free.

LIFESTYLE & COMMUNITY

Crescent City Fourth of July Festival and Fireworks. Mon., July 4, 10 a.m. Downtown Crescent City, 890 Third St. Parade, fun run, live music, food, a beer garden, merchandise and vendors all day long at Beach Front Park followed by the biggest fireworks show on the north coast (starts at dusk.)

Downtown Crescent City Farmers and Artisans Market. Wednesdays, 9 a.m.-2 p.m. Downtown Crescent City, 890 Third St. Shop for farm fresh food and meat along with unique handmade art, crafts, jewelry and other items. Enjoy lunch with food and food truck vendors and support the local community of makers and farmers.

Fourth of July Arts & Crafts Fair. Sun., July 3, 10 a.m.-4 p.m. and Mon., July 4, 12-5 p.m. Crescent City Art, 1228 Second St. In the gallery parking lot.

Fourth of July Deck Party. Sun., July 3, 5-8 p.m. Crescent City Cultural Center, 1001 Front Street. Wear your favorite Hawaiian attire. Music by Disturbing the Peace. Food and raffle. Lawn chairs and blankets encouraged.

Ocean Air Farms Farm Stand. Saturdays, 10 a.m.-3 p.m. Ocean Air Farms, 2420 Moorehead Road, Crescent City. Roadside farm stand offering homegrown organic veggies and produce.

Trinity County

ARTS & CULTURE

Music in the Park Benefit Concert Series. Sat., July 2, 8-10 p.m. Lee Fong Park Amphitheater, 101 Lorenz Road, Weaverville. Music by One Sol, street tacos, refreshments by The Water Bar, beer on tap by Trinity County Brewing Co.

LIFESTYLE & COMMUNITY

Art Cruise. First Saturday of every month, 5-8 p.m. Historic Downtown Weaverville, Weaverville. Art galleries and businesses host an open house for their featured artist providing cruisers a chance to explore art by chatting with the artists.

Independence Day Celebrations. June 30-

July 4. Historic Downtown Weaverville, Weaverville. At various locations. Fireworks at 10 p.m. on Sunday, July 3. See the June 29 *Trinity Journal* for complete schedule.

Weaverville Farmers Market. Wednesdays, 4-7 p.m. The Highland Art Center, 691 Main Street, Weaverville. Every Wednesday at the Highland Art Center meadow. www.highlandartcenter.org.

Humboldt County

ARTS & CULTURE

Art Night at the Sanctuary. First Thursday of every month, 4-7 p.m. The Sanctuary, 1301 J St., Arcata. Create with others freely or work on a guided project. Bring your own supplies or use what's around to collage, paint, draw, make an art book, etc. $5-$20 suggested, no one turned away for lack of funds. www.sanctuaryarcata.org.

Arts Alive. First Saturday of every month, 6-9 p.m. Historic Old Town Eureka, Second Street. Art, and a heap of it, plus live music. All around Old Town and Downtown, Eureka. Free. www.eurekamainstreet.org. (707) 442-9054.

Arts! Arcata. Second Friday of every month, 4-8 p.m. City of Arcata, Arcata. Celebrate the visual and performing arts in Downtown Arcata during Arts! Arcata. Enjoy art, shopping, live music, events and more.

Bayside Ballads and Blues. Wednesdays, 6-8 p.m. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Every Wednesday.

Canary and the Vamp at NCRT. Fri., July 1, 8-11 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Local songbird Beverly Twist's 1920s-swing quartet bringing obscurities and favorites from spaghetti western to show tunes and originals. $15. northcoastrepertory@gmail.com. ncrt.net/. (707) 442-6278.

Comedy Humboldt Open Mic. First Thursday of every month, 8-10 p.m. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Every Thursday night. Contact venue for current COVID protocols.

Dances of Brazil. Thursdays, 5:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Learn Brazilian dances with instructors Rocío Cristal and María Vanderhorst. All levels. Limited to five people. Register online. $15. talavera.rocio@gmail.com.

Eureka Summer Concert Series. Thursdays, 6-8 p.m. Madaket Plaza, Foot of C Street, Eureka. Open-air music each week on Eureka's waterfront. Bring your chairs and please leave pets at home. No smoking or alcohol. Presented by Eureka Main Street. June 30,Beatz Werkin (classic rock); July 7, Rising Signs (reggae) Free. www.eurekamainstreet.org/summer-concert-series-4. (707) 441-4187.

Happy Hour w/Anna "Banana" Hamilton. Saturdays, 5-8 p.m. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Blues, humor.

Kenny Bowling. Fridays, 9-midnight. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Country music. Every Friday. Contact venue for current COVID protocols.

Music in the Park. Thu., June 30, 6-8 p.m. and Thu., July 7, 6-8 p.m. Pierson Park, 1608 Pickett Road, McKinleyville. Summer concert series in the park. Live music, food trucks. Free.

***Point Break* (1991)**. Sun., July 10, 5-8 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 5 p.m. Movie starts at 6 p.m. Rated R. All ages. Parental guidance suggested. Retro-gaming in the lobby. $8, $12 admission and poster. info@arcatatheatre.com. www.facebook.com/

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Calendar

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events/556174279337017. 707-613-3030.

Summer Concert Series. Sundays, 2-4 p.m. Arcata Plaza, Ninth and G streets. Enjoy live local bands and more. Free. arcatamainstreet@gmail.com. www.arcatamainstreet.com. (707) 822-4500.

Summer Nights Art Market. First Saturday of every month, 3-7 p.m. Abbey of the Redwoods, 1450 Hiller Road, McKinleyville. Local makers, music and food every first Saturday of the month through September. Leashed dogs welcome. Free. abbeyoftheredwoods@gmail.com. (707) 839-3726.

The Red Light Cabaret. Fri., July 8, 10 p.m.-midnight, Sat., July 9, 10 p.m.-midnight and Sun., July 10, 8-10 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. A tantalizing, late night, adults-only cabaret with live music by the Dell'Arte House Band and a plethora of provocative acts. VIP tables available. $25. albert@dellarte.com. dellarte.com/product/red-light-cabaret-2022/. (707) 668-5663.

LIFESTYLE & COMMUNITY

1st Saturday "Summer Nights" Art Market. First Saturday of every month, 3-7 p.m. Abbey of the Redwoods, 1450 Hiller Road, McKinleyville. Come enjoy local art, music, food, and fun at our "Summer Nights" Art Market series. Every 1st Saturday from June-Sept. Free entry and dogs on-leash welcome. 1450 Hiller Rd in McKinleyville. Free. abbeyoftheredwoods@gmail.com. (707) 839-3726.

Abbey of the Redwoods Flea Market. First Saturday of every month, 8 a.m.-4 p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. Local arts, products, goods. Free entry.

Access Humboldt Relocation Party. Fri., July 1, 5-8 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. Celebrating "graduation" from the Eureka High School location and moving on to CR. Food, music, movie screenings, interactive stations and silent auction. Free. Monique@Accesshumboldt.net. www.Accesshumboldt.net. (413) 658-5696.

Annie and Mary Day. Sun., July 10, 11 a.m.-6 p.m. Perigot Park, 312 South Railroad Ave., Blue Lake. A celebration of the historic Arcata Mad River Rail Line, featuring a parade, music, food, car show and craft vendors. Free.

Arcata Fourth of July Celebration. Mon., July 4, 11 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. This year's event is mini festival for kids and families with games, crafts, hula hoops, bubbles with HumBubbles, sidewalk chalk and DJ Shoshanna spinning kid-friendly tunes. Free. arcatamainstreet@gmail.com. arcatamainstreet.com/4th-of-july. (707) 822-4500.

Artisan Craft Fair. Mon., July 4. Avenue of the Giants (Rio Dell), Dyerville Bridge. The Southern Humboldt Chamber of Commerce presents as part of the Fourth of July celebrations. (707) 923-2613.

Bigfoot Daze. Sat., July 9, 11 a.m.-5 p.m. Veteran's Park, 100 Kimtu Road, Willow Creek. Starting with the parade in town at 10 a.m. and an ice cream social hosted by the Willow Creek-China Flat Museum. Music by Naive Melodies and Woven Roots, vendor booths and kids' activities at Veteran's Park. Free. info@willowcreekchamber.com. willowcreekchamber.com/event/bigfoot-daze-2022/. (530) 629-2693.

Brunch at Arcata Veterans Hall. Sun., July 3, 9 a.m.-1 p.m. Arcata Veterans Hall, 1425 J St. Eggs, pancakes, sausage (vegan options included), bacon and home fries. Complimentary coffee. www.facebook.com/events/5166730910055514/?ref=newsfeed.

Come and Explore. Fridays, Saturdays, 11 a.m.-5 p.m. Natural History Museum of Cal Poly Humboldt, 1242 G St., Arcata. Exhibits and activities for kids of all ages including more than 500 fossils, minerals, a gray whale skull, dinosaur replicas, preserved animals and more. $15 family, $6 adults, $3 seniors/students. natmus@humboldt.edu. natmus.humboldt.edu. (707) 826-4479.

Drag Races. Sat., July 9 and Sun., July 10. Samoa Drag Strip, Lincoln Avenue and New Navy Base Road. Details online. $10, free for 12 and under. www.samoadragstrip.com.

Drop-In Volunteer Day. Thu., July 7, 1-4 p.m. Bayside Park Farm, 930 Old Arcata Road, Arcata. Get a taste of a farmer's work growing vegetables, herbs and flowers. Come prepared for sunshine, cold, wet and working in the dirt. Bring a water bottle, snacks, closed toe shoes, long pants, sleeves and a sun hat. Free. baysideparkfarm@cityofarcata.org. www.cityofarcata.org/440/Bayside-Park-Farm. (707) 822-8184.

Dune Restoration Work Days. Second Saturday of every month, 10 a.m.-1 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Help restore the dune ecosystem of the Humboldt Coastal Nature Center by removing invasive plants. Training in plant identification and removal provided. COVID-19 safety practices in place. Wear masks while gathered and practice social distancing. Free. dante@friendsofthedunes.org. www.friendsofthedunes.org/dert-days. (707) 444-1397.

Eureka Friday Night Market. Fridays, 5:30-8:30 p.m. Historic Old Town Eureka, Second Street. Farmers market, arts and craft vendors, a bar featuring Humboldt-produced beverages, food vendors and live local music for dancing. www.humboldtmade.com/eureka-friday-night-market.

Eureka Speeder/Train Rides. Sat., July 9, 10 a.m.-4 p.m. Halvorsen Park, Waterfront Drive, Eureka. Ride Humboldt's historic rails along the bay, across the Eureka Slough on Timber Heritage Association's crew car rail speeder. www.timberheritage.org/ride-the-rails-on-a-historic-speeder-crew/. (707) 443-2957.

Ferndale's Fourth of July Parade. Mon., July 4, noon. Ferndale Main Street, Ferndale. Fire trucks and patriotic floats and vehicles parade at noon. Then the Ferndale VFW and VFW auxiliary host a barbecue from at the Veterans Building until 2 p.m. with hamburger or hot dog, sides and watermelon for dine-in and take-out.

FOAM Marsh Tour w/Barbara Reisman. Sat., July 2, 2 p.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Meet leader Reisman in the lobby of the Interpretive Center for a 90-minute, rain-or-shine walk focusing on plants and/or marsh ecology. Masks are recommended inside the building, regardless of COVID vaccination status. Free. (707) 826-2359.

FOAM Marsh Tour w/Elliott Dabill. Sat., July 9, 2 p.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Meet leader Dabill in the lobby of the Interpretive Center for a 90-minute, rain-or-shine walk focusing on marsh ecology. Masks are recommended inside the building, regardless of COVID vaccination status. Free. (707) 826-2359.

Food for People's Free Produce Market - Garberville. Tue., July 12, 10:30 a.m.-noon. Garberville Presbyterian Church, 437 Maple Lane. Drive-thru event. For more information, go to www.foodforpeople.org or call (707) 445-3166.

Food for People's Free Produce Market - Redway. Tue., July 12, 12:30-1:30 p.m. Redway Baptist Church, 553 Redway Drive. Drive-thru and walk-up. Cars enter from Empire Drive. For more information, go to www.foodforpeople.org or call (707) 445-3166.

Fortuna Fireworks Festival. Sun., July 3, 5:30-10:30 p.m. Newburg Park, 2700 Newburg Road, Fortuna. Celebrate Independence Day early in Fortuna with family fun, a barbecue, live music, kids' activities, DJ music, ice cream eating contest and more. Fireworks start at dark.

Fortuna Rodeo. July 10-17. Fortuna Rodeo Grounds, at Rohner Park. A full week of rodeo action. Bull and bronc riding, barbecue, carnival, motorsports, parade, bands, brews and more. Full schedule online. www.fortunarodeo.com.

Fourth of July Festival. Mon., July 4, 11 a.m.-5 p.m. Historic Old Town Eureka, Second Street. Two music stages, food and craft vendors and so much more. Free. eurekamainstreet.org. (707) 441-4187.

Fourth of July Old Time Beef & Beans BBQ. Sun., July 3, 12-3 p.m. Mattole Grange, 36512 Mattole Road, Petrolia. Traditional deep pit roasted meat the day before the holiday. BYO plates, cutlery and side dishes. Pie and drink sales benefit the building fund. Women's Club raffle, games and prizes for all ages. $15, $10 kids 6-12, free for kids under 6. pmfromhoneydew47@gmail.com. 707-629-3421.

Freedom Matters. Second Tuesday of every month, 7 p.m. Fortuna River Lodge, 1800 Riverwalk Drive. Meets every second Tuesday of the month.

Garberville Farmers Market. Fridays, 11 a.m.-3 p.m. Garberville Town Square, Church Street. Fresh produce, eggs, meat, baked goods, nursery plants and starts, oysters, live music

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www.sudoku.com





Calendar

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on the square, crafts and more.

Guided Tour of Fort Humboldt State Historic Park. Saturdays, Sundays, 1-2 p.m. Fort Humboldt State Historic Park, 3431 Fort Ave., Eureka. Join interpreter William on an hour-long ADA-accessible walking tour of the 19th century military outpost, focusing on its history, Euro-American colonists and Indigenous people. Rain cancels. Check North Coast Redwoods Facebook page for updates. Free. www.facebook.com/NorthCoastRedwoods.

Habitat Improvement Team Volunteer Workday. Second Saturday of every month, 9 a.m.-noon. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Help restore habitat by removing invasive, non-native plants and maintaining native plant areas. Wear long pants, long sleeves and closed-toe shoes. Bring drinking water. Tools, gloves and snack provided. denise_seeger@fws.gov. www.fws.gov/refuge/humboldt-bay. (707) 733-5406.

Humboldt Crabs - Alumni and Fireworks Night. Sat., July 9, 6:30 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Menlo Park Legends. Alumni and fireworks night. Gates at 5:30 p.m. Admission not guaranteed with ticket purchase. First come, first served. Tickets online or at Wildberries Marketplace. $10 Adult/$4 Child (3-12). humboldtcrabs@gmail.com. humboldtcrabs.com/. (707) 840-5665.

Humboldt Crabs - Camouflage Sunday. Sun., July 3, 12:30 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Sacramento Saints, featuring the World Famous Crab Grass Band. Camouflage Sunday. Kids run the bases. Gates at 11:30 a.m. Tickets available online or at Wildberries Marketplace. $10, $4 kids 3-12. humboldtcrabs@gmail.com. humboldtcrabs.com/. (707) 840-5665.

Humboldt Crabs - Cowboy Night. Sat., July 2, 6:30 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Sacramento Saints. It's Cowboy Night, y'all, so don't forget those hats and bandanas. Gates at 5:30 p.m. Tickets available online or at Wildberries Marketplace. $10 Adult/$4 Child (3-12). humboldtcrabs@gmail.com. humboldtcrabs.com/. (707) 840-5665.

Humboldt Crabs - Pirate Day. Sun., July 10, 12:30 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs Baseball vs Menlo Park Legends, featuring the World Famous Crab Grass Band. Arrrrggghhhh! It's Pirate Day, so break out those eye patches, buccaneers. Gates at 11:30 a.m. Tickets online or at Wildberries Marketplace. $10, $4 kids 3-12. humboldtcrabs@gmail.com. humboldtcrabs.com/. (707) 840-5665.

Humboldt Crabs - Solano Mudcats. Wed., July 6, 7 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Solano Mudcats, featuring the World Famous Crab Grass Band. Wine Wednesday featuring Fieldbrook Winery. Gates at 6 p.m. Tickets online or at Wildberries Marketplace. $10, $4 kids 3-12. humboldtcrabs@gmail.com. humboldtcrabs.com/. (707) 840-5665.

Humboldt Crabs vs Menlo Park Legends. Fri., July 8, 7 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Menlo Park Legends, featuring the World Famous Crab Grass Band. Gates at 6 p.m. Tickets online or at Wildberries Marketplace. $10 Adult/$4 Child (3-12). humboldtcrabs@gmail.com. humboldtcrabs.com/. (707) 840-5665.

Humboldt Crabs vs Sacramento Saints. Fri., July 1, 7 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Sacramento Saints, featuring the World Famous Crab Grass Band. Gates at 6 p.m. Tickets available online or at Wildberries Marketplace. $10, $4 kids 3-12. humboldtcrabs@gmail.com. humboldtcrabs.com/. (707) 840-5665.

Humboldt Crabs vs Silicon Valley Sharks. Wed., June 29, 7 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Silicon Valley Sharks. Wine Wednesday featuring Old Growth Winery. Gates at 6pm. Tickets available online or at Wildberries Marketplace. $10, $4 kids 3-12. humboldtcrabs@gmail.com. humboldtcrabs.com/. (707) 840-5665.

Humboldt Crabs vs Solano Mudcats. Mon., July 4, 2:30 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Solano Mudcats, featuring the World Famous Crab Grass Band. Wear your red, white and blue. Gates at 1:30 p.m. Admission not guaranteed with ticket purchase. First come, first served. Tickets online or at Wildberries Marketplace. $10, $4 kids 3-12. humboldtcrabs@gmail.com. humboldtcrabs.com/. (707) 840-5665.

Humboldt Crabs vs. Mudcats. Tue., July 5, 7 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Solano Mudcats. Gates at 6 p.m. Tickets online or at Wildberries Marketplace. $10, $4 kids 3-12. humboldtcrabs@gmail.com. humboldtcrabs.com/. (707) 840-5665.

Humboldt Crabs vs. Silicon Valley Sharks. Tue., June 28, 7 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs Baseball vs Silicon Valley Sharks, featuring the World Famous Crab Grass Band. Gates at 6 p.m. Tickets online or at Wildberries Marketplace. $10, $4 child (3-12). humboldtcrabs@gmail.com. humboldtcrabs.com/. (707) 840-5665.

Humboldt Flea Market. First Sunday of every month, 9 a.m.-3 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. New location. Masks and safe social distancing required. Browse antiques, collectibles, tools, records, clothes, crafts, pies, jams and more. $2, free for anyone under the age of 13.

Kid's Night at the Museum. Fridays, 5:30-8 p.m. Redwood Discovery Museum, 612 G St., Eureka. Drop off your 3.5-12 year old for interactive exhibits, science experiments, crafts and games, exploring the planetarium, playing in the water table or jumping into the soft blocks. $17-$20. info@discovery-museum.org. www.discovery-museum.org/classesprograms.html. (707) 443-9694.

Lost Coast Kennel Club Dog Show. July 8-10. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. More than 500 entrants participate in the 20th annual event with AKC-sanctioned conformation, obedience and rally events taking place over three days and FCAT events Friday and Saturday. Free admission, $3 parking.

McKinleyville Farmers Market. Thursdays, 3-6 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. Local, GMO-free produce. Live music. Free.

Meet the Orion Starblast Telescope. Fri., July 8, 5-7 p.m. Arcata Library, 500 Seventh St. Meet Humboldt County Library's latest addition and the Astronomers of Humboldt who made it possible. Hear how you can check it out, much like a book. All you need to view the universe is a library card. Free. humboldtgov.org/calendar.aspx?EID=7529. (707) 822-5954.

Monthly Meeting VFW Post 1872. First Tuesday of every month, 6-7 p.m. Redwood Empire VFW Post 1872, 1018 H St., Eureka. Calling all combat veterans and all veterans eligible for membership in Veterans of Foreign Wars to meet comrades and learn about events in the renovated Memorial Building. Free. PearceHansen999@outlook.com. (707) 443-5331.

Northwest X Southwest Indigenous Film Festival. Sat., July 2, 8-10 p.m. Dell'Arte, 131

H St., Blue Lake. Dell'Arte is hosting a night of independent indigenous films from Northwestern California and the Peruvian Andes on Saturday July 2nd. We are celebrating native communities this summer from the two American hemispheres, Northwestern and Southwestern, sharing the Pacific coast and inheriting responsibility for the mountains and rivers that meet it. The 8:00 showing will include four short films from DocuPeru and four short films from the Bartow Project: an hour and half of cinema, with intermission and concessions between the two continents. Tickets: https://dellarte.com/product/nwxsw/ $15. albert@dellarte.com. dellarte.com/product/nwxsw/. 7076685663.

Old Town Farmers Market. Tuesdays, 10 a.m.-1 p.m. Old Town, F Street between First and Third streets, Eureka. Fresh local produce, eggs, bread, specialty sourdough donuts and more. Plus music and hot food vendors. Market match for CalFresh EBT customers. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org/oldtown.html. (707) 441-9999.

Stock Car Racing. Sat., July 9. Redwood Acres Raceway, 3750 Harris St., Eureka. Details and ticket prices online. www.racintheacres.com/.

Storytime with Sunshine the Chicken and Ms. Sue. Wednesdays, 11-11:30 a.m. Arcata Library, 500 Seventh St. In-person stories and songs for preschool children and their caregivers. Masks are optional. Ms. Sue will be wearing one. Free. humboldtgov.org/calendar.aspx?EID=7463. (707) 822-5954.

Summer Nights - Dune Restoration. First Friday of every month, 5-7 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Unwind from your busy work week with a few hours of pulling invasive plants while chatting with like-minded nature lovers. Free. info@friendsofthedunes.org. friendsofthedunes.org. (707) 444-1397.

The World Largest Salmon BBQ. Sat., July 2, 11 a.m.-6 p.m. Noyo Harbor, North Harbor Drive, Fort Bragg. Eating and live music. All proceeds are used to improve salmon populations on the Northern California coast. www.mendoparks.org.

Trinidad Artisans Market. Sundays, 11 a.m.-3 p.m. Saunder's Plaza, 353 Main St., Trinidad. Next to Murphy's Market. Featuring local art and crafts, live music and barbecue. Free admission.

Trinidad Flea-Art. First Saturday of every month, 11 a.m.-4 p.m. Trinidad Town Hall,

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THE NORTH COAST'S COMPLETE
Wedding Guide

Calendar

← CONTINUED FROM PREVIOUS PAGE

409 Trinity St. Fine local art, food and more. Benefits the Trinidad Memorial Lighthouse Project. The Health Department recommends masks indoors, especially if unvaccinated. Please practice social distancing and use sanitizer. (707) 834-8720.

Trivia Night. Every other Wednesday, 6-8 p.m. The Madrone Taphouse, 421 Third St., Eureka. Reel Genius Trivia hosts. Contact venue for current COVID protocols. Free. www.reelgeniustrivia.com.

Willow Creek Farmers Market. Thursdays, 4-7 p.m. Veteran's Park, 100 Kimtu Road, Willow Creek. Produce, fish and more, plus music and hot food vendors weekly through August. No pets except trained, ADA-certified service animals. Market match for CalFresh EBT customers. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org/willow-creek.html. (707) 441-9999.

Zootini. Sat., July 9, 6-8:30 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Meet Zoo Keepers, have up-close animal experiences, explore the Redwood Sky Walk at twilight, sip specialty cocktails and mocktails. Music by DJ Zero One. 21 and up. See website. ashley@sequoiaparkzoo.net. www.sequoiaparkzoo.net. (707) 442-5649.

Mendocino County

ARTS & CULTURE

Flynn Creek Circus: *Balloons, Birds and Other Flying Things*. July 1-4. Community Center of Mendocino, 998 School St. Wild acrobatics, comedy and awe-inspiring stunts. Featuring original, live music from legendary rock stars Eric McFadden and Kate Vargas. Get tickets at flynncreekcircus.com. $80-$450.

Mendocino Community Jam. First Sunday of every month, 3-5 p.m. Community Center of Mendocino, 998 School St. A gathering of people who enjoy creating music with others. We'll go around the circle and when it's your turn, you can lead a song, choose a song and ask others to lead it, or pass. Feel free to bring songs to share. The *Rise Up Singing* books are full of good songs. Instruments welcome. Free.

LIFESTYLE & COMMUNITY

First Friday Art Walk. First Friday of every month, 5-8 p.m. Downtown Ukiah, Ukiah. Join artists and their hosts for an evening of art, music and refreshments as you stroll from one venue to the next; each showcasing local art and artistry.

Fort Bragg Farmers Market. Wednesdays, 2-4:30 p.m. Fort Bragg Farmers Market, N Franklin St. & E Laurel St. Seasonal fruits, vegetables, organic and free range beef and pork and eggs, wild-caught local fish and seafood, artisan goat cheese, sweets, breads, flowers and plants. Plus, hot food, live music.

Historic Walking Tours of Mendocino. Saturdays, Sundays. Guest House Museum, 343 N Main St., Fort Bragg. Join local history experts on a two-hour walk through Mendocino's famous Historic District. Book via email. Face coverings required. Well-behaved dogs allowed but must remain outside at some stops. $50 for up to four people, $75 for party of six. tours@KelleyHouseMuseum.org.

LIFESTYLE & COMMUNITY

Ukiah Farmers Market. Saturdays, 9 a.m.-noon. Alex Thomas Plaza, School and Clay streets, Ukiah.

Willits Frontier Days. Wed., June 29, Sat., July 2, Sun., July 3 and Mon., July 4. Downtown Willits, Main Street. Rodeo, carnival, dance, barbecue, parade and more. See willitsfrontierdays.com for complete schedule.

Lake County

ARTS & CULTURE

The Fargo Brothers – Kelseyville Kickin' in the Country Street Dance. Sat., July 2, 7-10 p.m. Downtown Kelseyville, Main Street. Live music, wine and beer, dance.

LIFESTYLE & COMMUNITY

First Friday Makers Faire & Open Mic. First Friday of every month, 4:30-8:30 p.m. Middletown Art Center, 21456 Hwy 175. Featuring local artisans, makers and more in the outdoor art garden and back studio of MAC. Open Mic start at 6 p.m. Enjoy cob oven pizza, make connections, be inspired and entertained.

Lakeport Farmers Market. Saturdays, 10 a.m.-1 p.m. Lake County Fairgrounds, 401 Martin St., Lakeport. Rain or shine.

Lakeport July 4th Street Fair and Fireworks. Mon., July 4, 10 a.m.-10 p.m. Library Park, 225 Park Street, Lakeport. Street fair with craft vendors, food vendors and a beer booth. The fun starts at 10 a.m. and ends with the fireworks at dusk. Free.

✦

HOME COUNTRY

By Slim Randles



DELBERT MCLAIN was seen going into Marvin Pincus's house the other evening.

We wondered on it a bit, because those two were less likely to become friends than any other two people in the valley.

But Marvin, an old curmudgeon, is an amazing tier of fishing flies, and Delbert, who thinks blizzards are wonderful because the grass will be greener in the spring, is also an amateur fly tier. But Marvin is the real expert.

"There should be," said Del, expansively, "a National Fly Tying Month. Just think how many more people we could get to tie flies if it were more ... organized, you know?"

Marvin looked up from his bench and stared at his visitor over the magnifying glasses he was wearing to help him tie an Adams dry on a number 20.

"Del," he said, "some things are just meant to be quiet, you know? Just quiet. You just sit down and tie flies, and you don't need an organization or festival, or factory."

"Well ... okay, I see your point. You working on emerger patterns right now for the hatch?"

"Adams, dry."

Del looked over his shoulder as Marvin carefully wound the hackle behind the wings then in front of the wings, and then tied it off with a whip finish tool.

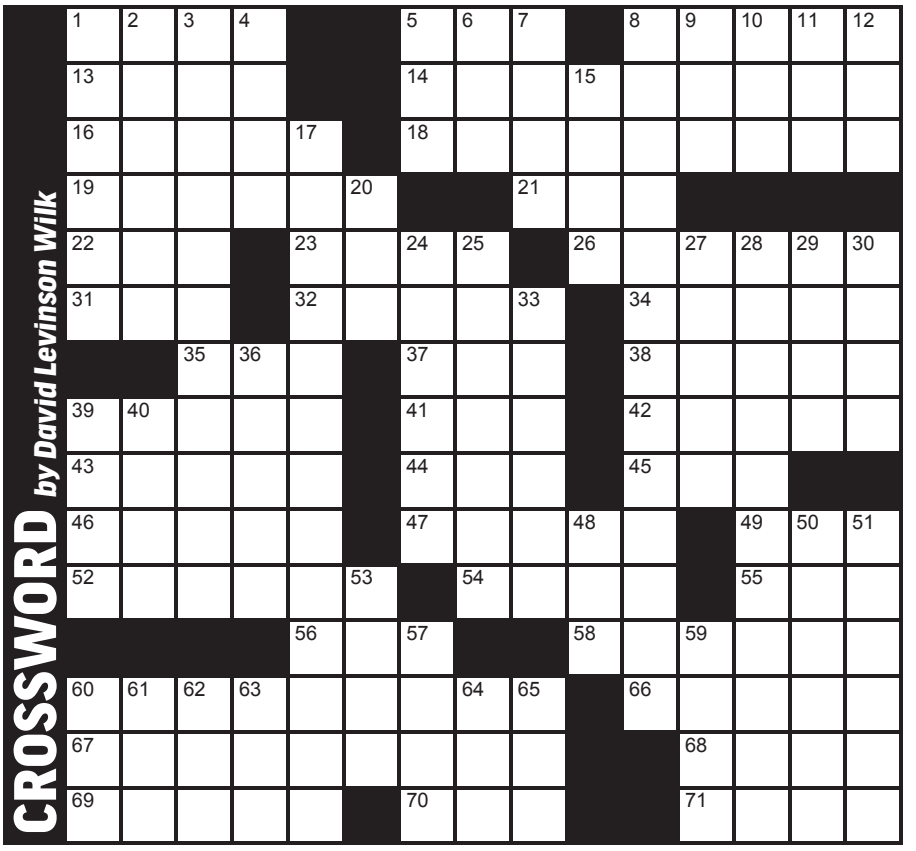
"Shouldn't you be tying emergers this time of year?"

"Del, emergers sink. Wets sink. Worms sink. Salmon eggs sink. Where's the glory in that? Dries alight on the surface film of a creek with a flutter, and they just sit there on top, going for a ride. They don't sink. Then the fish has to make an effort and come up and get him."

"Never thought of it that way."

Marvin nodded. "There's only dry fly fishing in the world, Del. Only dry fly fishing. Everything else is just killing fish." ✦

Pick up Home Country: Drama, dreams and laughter from the American heartland *www.lpdpress.com.*



SLEEPYHEADS — *Answers in the next edition*

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ACROSS

1. Häagen-__
5. Not bright
8. Restaurant guide name since 1979
13. "My turn to bat!"
14. "In my opinion, you're wrong"
16. Explorer Vasco __ de Balboa
18. It ended in the early 1930s
19. Alchemist's offering
21. Dawn to dusk
22. __ room
23. City of southwest Yemen
26. Greek peak near Olympus
31. Many a bachelor pad
32. Ed of "Elf"
34. Special-request flight meal option
35. Acupuncturist's concern
37. Las Vegas-to-Salt Lake City dir.
38. Cara of "Fame"
39. Run-D.M.C.'s "You Be __"
41. "Charlotte's Web" author's monogram
42. Imperatives
43. Bonnie who won three Grammys for her 1989 album "Nick of Time"
44. Inventor Whitney
45. Econ. yardstick
46. Indian state known for its 12-Down
47. Biker's headgear, perhaps
49. Handbag monogram
52. Certain volleyball player
54. Uno minus uno
55. "__ Haw"
56. Future bloom
58. Conger hunters
60. Auto items often stolen
66. Former General Motors vehicles
67. Dismount
68. Romeo's last words
69. Things may be written in it
70. Mother, e.g.: Abbr.
71. Old Russian ruler

DOWN

1. People taking courses?
2. Charm
3. New Mexico native who gets around on two wheels?
4. Eyewear, commercially
5. Belittle
6. First name in tyranny
7. Not too hot, not too cold
8. "I want that buffoonish item out of here!"?
9. 15%-er: Abbr.
10. College sr.'s test
11. __ Lingus
12. See 46-Across
15. Baseball stitching
17. "Honey, I'm not the cause of your pimple"?
20. Dorm peer leaders: Abbr.
24. Requiring assistance
25. Alliance of Buddhists?
27. Moved, as a dinghy
28. Ones nodding off ... or this puzzle's theme
29. Beach castle material
30. Old Brown Dog and others
33. Overhaul electrically
36. Try to whack
39. Some savings plans, for short
40. Use a surgical beam on
48. "__ you out of your mind?!"
50. Belgrade's land
51. Not so great
53. Paul of "Ant-Man"
57. Gucci contemporary
59. Brest milk
60. Shares an email with
61. Ctrl-__-Delete
62. 2016 Olympics city
63. JFK's debater in 1960
64. Have a mortgage, say
65. Sketchy program, for short?

LAST WEEK'S ANSWERS TO SACKS

S	P	E	W	S		C	S	P	A	N		G	A	S
H	A	L	A	L		P	I	A	N	O		E	M	T
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R	E	S	T		A	W	A	D			Y	A	R	N
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L	O	S		S	A	M	U	E	L	S	A	C	H	S
A	V	A		C	R	E	S	C		M	L	I	I	I
M	E	X		A	L	E	C	K		S	T	A	T	E


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